



SSM EYE RESEARCH FOUNDATION

(a registered Charitable Trust
Registration No. CIT/CHN/12A/Tech-91/2005-06)

ACTIVITY REPORT 2015

Registered Office:
28/2576-A, Ponneth Temple Road
Kadavanthra
Cochin-682 020, Kerala State, India
Ph: 91-484-4170000, Email: giridhareye@gmail.com

GIRIDHAR EYE INSTITUTE

GIRIDHAR EYE INSTITUTE (GEI) located at Kadavanthara, Cochin is an NABH accredited Eye Hospital offering a wide range of comprehensive eye care services. Established on 8th September 1997, GEI is a centre of excellence strongly committed to values and ethical conduct. Patient satisfaction - the primary goal of the Institution, is guided by the philosophy of personalized care at an affordable cost.



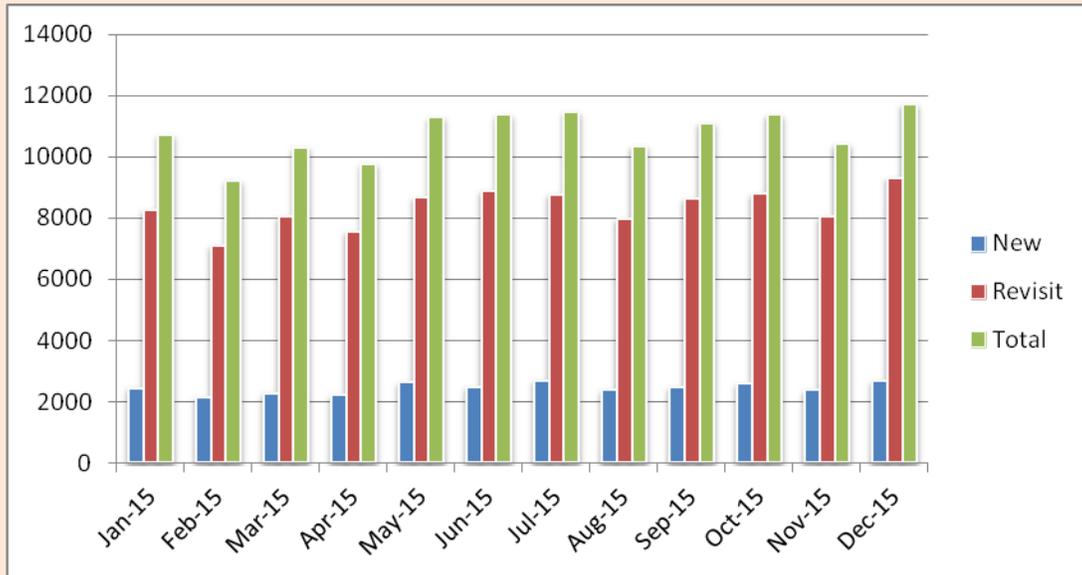
It is the first eye Hospital in Kerala to receive the ISO 9001:2008 certification. Giridhar Eye Institute is accredited by NABH (National Accreditation Board for Hospital and Healthcare Providers). GEI with its skilled professionals, state-of-the-art equipment and patient centric initiatives, cultivates a unique environment of integrated workforce engagement maintaining high standards of excellence.

From a small space of 2000 Square feet GEI has been fortunate to grow its patient load & facilities to its present capacity. Today, it is one of the largest referral centres for the treatment of diseases pertaining to Retina, Ocular trauma, Cataract, Glaucoma, Uvea, Orbit and Oculoplasty, Ocular Prosthesis and complicated surgical interventions. GEI serves over a lakh patients annually. With its five fully equipped operation theatres, it performs more than 6500 surgeries every year.

GEI's active involvement in community centric services, benefiting the eye health of the public at large, has its origins in the philosophical underpinnings of the Institution. It performs more than 600 free surgeries and treats over 8000 patients through free camps every year. The entire team at Giridhar remains committed to delivering better eye health to the world.

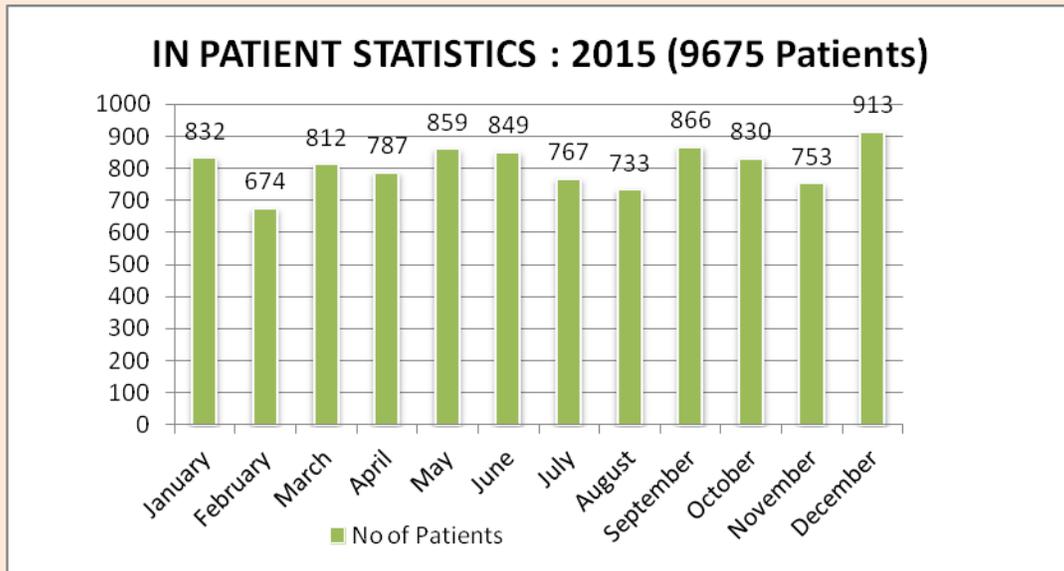
Giridhar Eye Institute focuses on its vision “**Affordable Quality Eye Care For All**”.

OUT PATIENT STATISTICS FOR THE YEAR 2015



	Jan-15	Feb-15	Mar-15	Apr-15	May- 15	Jun-15	Jul-15	Aug- 15	Sep-15	Oct-15	Nov-15	Dec-15
New	2448	2118	2273	2217	2620	2470	2691	2367	2472	2580	2377	2674
Revisit	8264	7096	8042	7554	8668	8895	8773	7978	8629	8784	8031	9306
Total	10712	9214	10315	9771	11288	11365	11464	10345	11101	11364	10410	11718

IN PATIENT STATISTICS FOR THE YEAR 2015



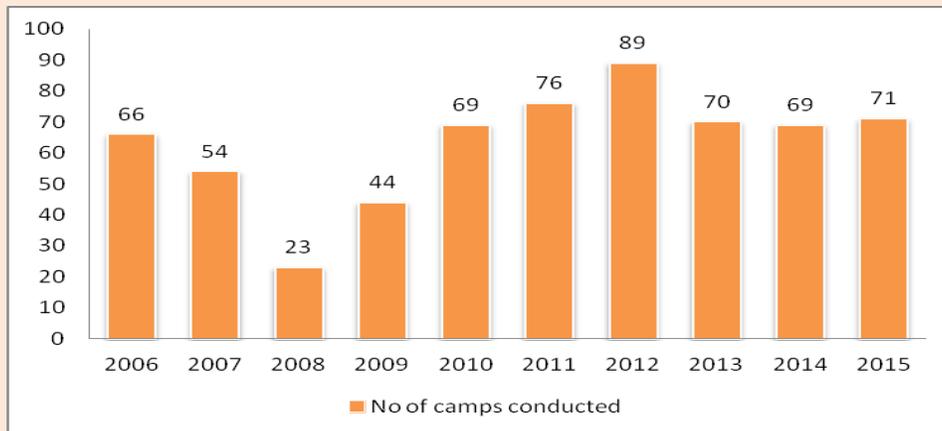
SSM EYE RESEARCH FOUNDATION

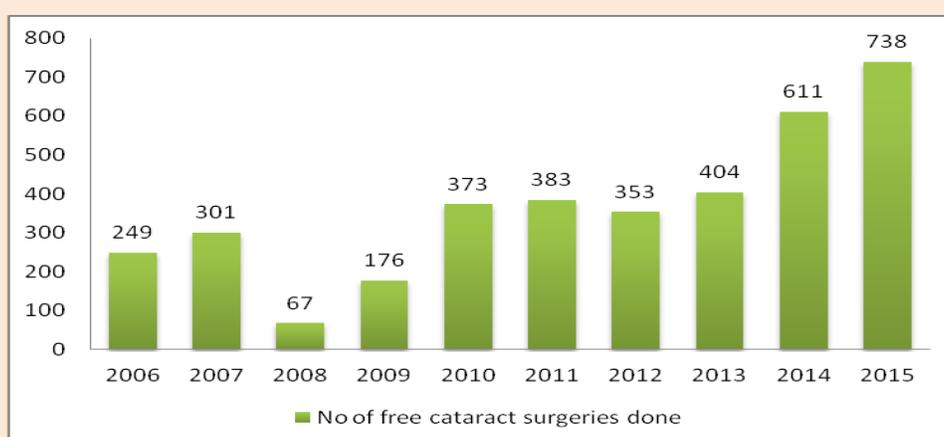
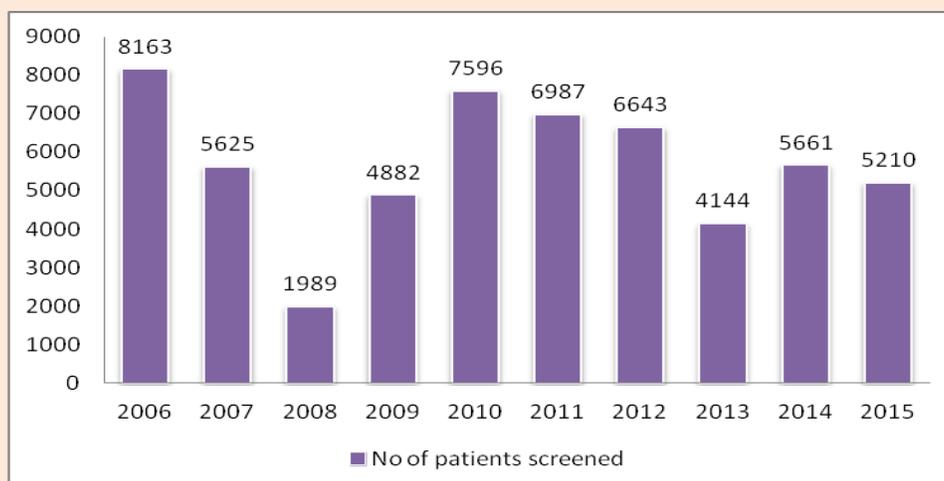
SSM EYE RESEARCH FOUNDATION, a registered Charitable Trust was formed on 01.10.2005 under **Giridhar Eye Institute** for various community centric activities, such as (a) Free Cataract surgery with intra ocular lens implantation for persons below poverty line (BPL), (b) to provide medical relief to economically weaker section of society, School Screening programme, (c) a project for vision testing in primary school children, (d) Conduct Diabetic Retinopathy Awareness and Screening camps, (e) to provide a fully equipped Mobile Eye Unit to go to the villages & remote areas for a comprehensive eye examination, and (f) Establishing a center for rehabilitation of Visually handicapped.

The trust has been doing charitable activities since last 10 years specially concentrating on eye care. The trust conducts free eye camps in remote areas and villages, examine people, identify the eye problems and do surgical procedures either free or at concessional rates without any profit motive where necessary. The trust also conducts awareness sessions and issues patient education materials in connection with different eye related disease for creating awareness. All these activities are done in association with its parent unit 'Giridhar Eye Institute'.



The performance of the trust in its philanthropic activities is shown as under:





	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Total camps held	66	54	23	44	69	76	89	70	69	71
Patients Screened	8163	5625	1989	4882	7596	6987	6643	4144	5661	5210
Free cataract surgeries done	249	301	67	176	373	383	353	404	611	738

- The trust is running 3 free eye clinics in Ernakulam Districts viz. (a) Gurudwara (b) Rotary Balbhavan and (c) Chaithanya Nursing Home, North Parur.
- Free eye check-up camp in Gurudwara has been running since 7/8 years very effectively.
- Screening Camp in Rotary Balbhavan held since 3-4 years.
- Clinic at North Parur has been started in August 2014, while our association with Chaithanya Nursing Home has been there for a long time for Diabetic Retinopathy screening programs.
- Apart from the above, outreach programs are held at least three Sundays in a month in association with various NGO's. In all, on an average, 5-6 such programs are held a month.
- Launched an awareness program on a wide-scale to educate patients and general physicians on Diabetes and eye diseases, as treatment for diabetic retinopathy is still not within the reach of a poor man.



Various patient centric community activities conducted by the Trust in the year 2015 have been summarized as follows:

STATISTICS OF OUTREACH ACTIVITIES UNDERTAKEN IN 2015

No	Month	No of camps held	Patients Screened	Patients referred	Free Surgeries done	Other activities held
1	January	6	465	215	66	
2	February	5	376	190	54	
3	March	6	390	193	78	World Glaucoma Week
4	April	6	358	121	57	
5	May	5	415	183	61	
6	June	6	348	160	55	
7	July	7	639	365	63	
8	August	5	223	127	53	
9	September	6	334	178	56	
10	October	7	925	261	79	World Sight Day Program
11	November	6	552	143	52	World Diabetes Day
12	December	5	308	128	75	
	TOTAL	70	5333	2264	749	

⇒ World Glaucoma Day Screening Program held on 15th March 2015:



As part of the World Glaucoma Week awareness campaign, GEI conducted an awareness program and glaucoma screening in association with Federation of Edappally Residential associations at Edappally, Ernakulam. Dr Lakshmi led the glaucoma screening and Dr Rohit R delivered the awareness class for public. In addition glaucoma awareness brochures were also distributed.

⇒ **NAYANA 2015 : World Optometry Day Program held on 22nd March 2015:**



On World Optometry day, the department of Optometry has conducted a one day awareness and exhibition program-NAYANA 2015 with the *support* of SSM eye research foundation. The program was conducted at Oberon mall, one of the busiest business centre in Kochi and witnessed continuous foot fall all the day. The exhibition has covered all the sub specialty of ophthalmic care and emphasized the relevancy of specialized treatment in different conditions.



⇒ **COMPREHENSIVE EYE SCREENING**



Giridhar Eye Institute organized a comprehensive eye screening for farmers, agriculture labours, shop owners of Poothotta and their employees in association with NCC unit of KPMHSS, Puthiyakavu, Poothotta on 11th October 2015. The NCC cadets reached the nook and corner of Poothotta and completed the pre-registration for the camp. Totally 246 people were screened through the program and out of them 82 were referred to the base hospital on different OP days.



⇒ EYE HEALTH AND YOUTH



Eye Health & Youth: An active interactive session was organized for the youth at Jai Bharath College, Perumbavoor & U.C. College, Aluva on 27th October, Sacred Heart College, Thevara on 13th October, and St. Teresa's College on 17th November 2015. Dr Vinay S Pillai and Dr Bindu Rajesh led these sessions and th sessions were productive.

⇒ METRO RAIL WORKERS : SCREENING PROGRAM



Giridhar Eye institute started a mammoth project – Eye screening of all Kochi Metro immigrant labours on the auspicious day of World Sight Day at the FACT casting yard, Bolgatty Labour Camp, and Kalamassery L&T Labour Camp. Mr. Dani Thomas, DMRC Project Director inaugurated the screening in the presence of Mr. Kesav Chandran, Chief engineer, DMRC, Dr. Giridhar A, Medical Director Giridhar Eye Institute and Dr. Kanchana Giridhar, Assistant Medical Director Giridhar Eye Institute. 750 employees were screened and few of them were dispensed with free spectacles.



⇒ **SCHOOL SCREENING PROGRAM**



Screening program was organized for the students of Ponnuruni Govt. School.

⇒ **WORLD DIABETIC DAY**



On World Diabetes Day, with the dedicated association of Social Work Department, Jai Bharat Arts and Science College Perumbavoor, Giridhar Eye Institute organized a Street Play on 'Diabetic Blindness'



⇒ WORLD SIGHT DAY



World Sight Day (WSD) is an international day of awareness, held annually on the second Thursday of October to focus attention on the global issue of avoidable blindness and visual impairment. This year World Sight Day falls on 8 October 2015.

This day was created by the World Health Organization in collaboration with the International Agency for the Prevention of Blindness and awareness is spread through a large number of different events. This year, IAPB urges to focus on everybody who needs eye care services. Think of all the groups of people who need eye care – especially the most vulnerable or the ones most in need.

On the occasion of World Sight Day, Giridhar Eye Institute, Kochi has conducted a one month long awareness and screening program- **Windows'15** in association with SSM Eye Research Foundation to propagate the IAPB call for action, Eye Care for All. Our eyes are the true windows, through which we perceive this beautiful world. In order to make the program really meaningful, we have organized various awareness and screening programs to reach people from different walks of life.

YOU CAN MAKE A DIFFERENCE

Besides drawing heavily on the resources of the Giridhar Eye Institute, the foundation also thrives on donations from people who care. Here's how you can help us out in our activities:

- When you donate **Rs 1,500** - you fund ONE cataract surgery
- When you donate **Rs 3,000** - you fund TWO cataract surgeries
- When you donate **Rs 7,500** - you fund ONE cataract surgery every year for 5 YEARS
- When you donate **Rs 15,000** - you fund TWO cataract surgeries every year for 5 YEARS
- When you donate **Rs 20,000** - you fund a **major retinal surgery**

If you want to be associated with us in an even bigger or a different manner, please contact us at the SSM Foundation address given below:

SSM Eye Research Foundation is a non-profit organization and donations are eligible for exemption under Section 80G of the Income Tax Act.

**SSM EYE RESEARCH FOUNDATION
GIRIDHAR EYE INSTITUTE
28/2576, PONNETH TEMPLE ROAD, KADAVANTHRA,
COCHIN-682 020, INDIA
Ph: (0484) 4170000, 8129311899
Email: giridhareye@gmail.com**